



LATROBE LIFESKILLS BENDIGO TIMETABLE



AM

PM

	Monday	Tuesday	Wednesday	Thursday	Friday
	Certificate Courses & Literacy and Numeracy with Dogs for Life Location: La Trobe University	Sport Location: La Trobe University	Shopping & Cooking Location: Residential site	Travel Training	Shopping & Cooking Location: Residential site
	<u>OR</u>	<u>OR</u>	<u>OR</u> Bowling Location: Residential site/Community		<u>OR</u>
	Gardening Location: Residential site	Zumba/Yoga/Just Dance Location: La Trobe University	<u>OR</u> Swimming Location: Residential site/Community	Location: Meet at La Trobe University (all day activity)	Art & Craft Location: La Trobe University
	Certificate Courses & Literacy and Numeracy with Dogs for Life Location: La Trobe University	Certificate Courses Location: La Trobe University	Shopping & Cooking Location: Residential site	Travel Training	Shopping & Cooking Location: Residential site
	<u>OR</u>	<u>OR</u>	<u>OR</u>		<u>OR</u>
	Board Games Location: Residential site	Health & Wellbeing Location: La Trobe University	Art & Craft Location: Residential site	Location: Meet at La Trobe University (all day activity)	Art & Craft Location: La Trobe University

*Bowling during Autumn & Winter. Swimming during Spring & Summer.